

September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
West Lampeter Campus		Main Meal \$3.25 Pizza Meal \$2.25 (Elementary Only)	1 BBQ chicken salad Breadstick Fruit Small beverage	2 SUB DAY Choice of ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage	3 NO SCHOOL	4
	6 NO SCHOOL	7 Cheesesticks Salad Small beverage	8 Beef taco salad Flat bread Fruit Small beverage	9 Choice of ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage	10 Baked Potato Bar / Toppings Jell-O Cookie Small beverage	11
	13 Grilled chicken wrap Veggies & dip Fruit slushie Small beverage	14 Pizza Day Cheese/ Pepperoni Salad Small beverage	15 Chef salad Pretzel Fruit Small beverage	16 Choice of ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage	17 Burger Day Toppings Curly Fries Applesauce Small beverage	18
	20 Ham & cheese melt on roll Smilie fries Fruit Small beverage	21 Cheesesticks Salad Small beverage	22 Oriental chicken salad Flatbread Fruit Small beverage	23 Choice of ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage	24 Hot dog bar Toppings Thin Fries Jell-O Small beverage	25
	27 Fruit/yogurt parfait Cheese quesadilla Crackers Small beverage	28 Pizza Day Cheese/ Pepperoni Salad Small beverage	29 Chicken caesar salad Breadstick Fruit Small beverage	30 Choice of ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage		