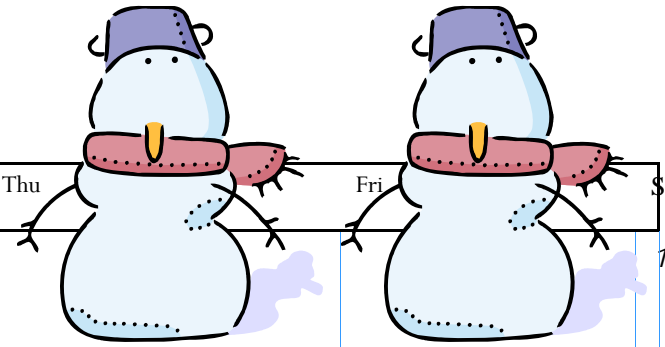


January 2011 Lampeter Campus



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	Main meal—\$3.25 Elementary only—Pizza Meal \$2.25 Ala carte MS Only .75-\$2.00					
3 Grilled Chicken sandwich Thin fries Creamed corn Fruit Small beverage	4 Cheesesticks Salad Small beverage	5 BBQ chicken salad Flatbread Fruit Small beverage	6 SUB DAY Choice of turkey, ham, Italian, roast beef, BBQ chicken Cheesy broccoli soup Small beverage	7 Hot dog Baked beans Applesauce Small beverage		
10 Egg, ham, and cheese wrap Cinnabon Fruit Small beverage	11 Pizza—choice of Cheese/pepperoni Salad Small beverage	12 Taco beef salad Churro Fruit Small beverage	13 SUB DAY Choice of turkey, ham, Italian, Roast beef, BBQ chicken Chips Small beverage	14 Early dismissal NO LUNCH SERVED		
17 NO SCHOOL	18 Cheesesticks Salad Small beverage	19 Chef Salad Pretzel Fruit Small beverage	20 SUB DAY Choice of turkey, ham, Italian, Roast beef, BBQ chicken Chips Small beverage	21 Baked Potato bar Jell-O Cookie Small beverage		
24 French toast strips Sausage patty Apple crisp Small beverage	25 Pizza—choice of Cheese/pepperoni Salad Small beverage	26 Oriental salad Breadstick Fruit Small beverage	27 SUB DAY Choice of turkey, ham, Italian, Roast beef, BBQ chicken Chips Small beverage	28 Burger Day Curly Fries Applesauce Small beverage		
31 Cheesesteaks Veggies and dip Chips Small beverage		