



OCTOBER 2010 – West Lampeter Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Remember: Meal tickets are only good for what is written on the ticket. They are not treated as cash.	Main meal: \$3.25 Pizza meal: elementary only \$2.25 A la carte: \$2.00 middle school only			1 Baked Potato Bar With toppings Jell-O Cookie Small beverage	2
3	4 Spaghetti/Red sauce Meatballs Breadstick Fruit Small beverage	5 Cheesesticks Salad Small beverage	6 BBQ Chicken Salad Breadstick Fruit Small beverage	7 SUB DAY Choice: ham, turkey, roast beef, BBQ chicken, Italian Chips Small beverage Small beverage	8 NO SCHOOL	9
10	11 NO SCHOOL	12 Pizza day Cheese/pepperoni Salad Small beverage	13 Beef Taco Salad Flat bread Fruit Small beverage	14 SUB DAY Choice: ham, turkey, Roast beef, BBQ chicken, Italian Chips Small beverage	15 Burger Day Toppings Curly fries Applesauce Small beverage	16
17	18 Perogies Chicken nuggets Peas Fruit Small beverage	19 Cheesesticks Salad Small beverage	20 Chef Salad Pretzel Fruit Small beverage	21 SUB DAY Choice: ham, turkey, Roast beef, BBQ chicken, Italian Chips Small beverage	22 Hot dog bar Toppings Thin Fries Jell-O Small beverage	23
24	25 Ham rolls Mac & cheese bites Applesauce Small beverage	26 Pizza day Cheese/pepperoni Salad Small beverage	27 Oriental chicken salad Flatbread Fruit Small beverage	28 SUB DAY Choice: ham, turkey, Roast beef, BBQ chicken, Italian Chips Small beverage	29 Baked Potato bar Toppings Jell-O Cookie Small beverage	 30